

MANSI DALSANIA, MSc Public Health & Policy

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Professional Summary

Public health professional with a strong background in health policy, research, and health systems transformation, combining analytical rigour with a collaborative approach to reducing health inequalities. Skilled in developing and implementing evidence-based public health strategies, stakeholder engagement across NHS and local government, and translating data into actionable insights. Committed to advancing prevention, wellbeing, and equity across diverse communities through strategic leadership and partnership working.

Core Skills

Health Inequalities & Prevention | Population Health Analysis | Policy Design & Implementation | NHS & ICS Collaboration | Epidemiology & Evaluation | Stakeholder Engagement | Health Promotion | Programme Management | Data Analysis (SPSS, R) | Health Economics | Strategic Leadership | Evidence-Based Decision-Making

Professional Experience

Public Health Research & Policy Analysis (MSc Dissertation)

Queen Mary University of London, 2024

- Conducted a comparative policy analysis of cosmetic safety governance across the EU, USA, Korea, and India, identifying governance gaps in consumer health protection.
- Applied Walt & Gilson's Policy Triangle and Levesque's Governance Gap Framework to assess regulatory effectiveness and policy coherence.
- Produced evidence-based recommendations for cross-sector policy harmonisation and safer consumer health standards.
- Strengthened advanced research, analytical, and policy evaluation skills aligned with public sector requirements.

Healthcare Assistant | CCH Group, London, UK | Oct 2024 – Present

- Delivered compassionate, person-centred care for patients with dementia, Alzheimer's, and complex health conditions.
- Collaborated within multidisciplinary NHS teams to promote wellbeing and adherence to care plans.
- Developed practical insight into NHS operational challenges, informing system-level public health strategies.

Medical Officer | Murlidhar Ayurved College, Rajkot, India | Mar 2024 – Aug 2024

- Led public health outreach initiatives focused on nutrition, chronic disease prevention, and health education.
- Supported community-based health promotion projects, increasing local engagement in preventive healthcare.
- Supervised interns and coordinated partnerships between academic and public health institutions.

Co-Founder | Kundalini.lyf (Health & Wellness Initiative) | Jan 2023 – Jan 2025

- Designed and delivered community wellness programmes promoting preventive health and lifestyle modification.
 - Partnered with NGOs and local authorities to enhance access to holistic health resources and reduce inequalities.
 - Led public engagement campaigns incorporating behaviour change communication and participatory evaluation.
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Education

MSc Public Health and Policy

Queen Mary University of London

(2024 – 2025)

Modules: Health Systems Policy, Epidemiology, Research Methods, Health Inequalities

Bachelor of Ayurvedic Medicine and Surgery (BAMS)

State Model Institute of Ayurveda Sciences

(2017 – 2022)

Certifications & Training

- McKinsey Forward Program – Leadership and Strategic Problem Solving (2025)
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Leadership & Volunteering

- Team Lead Manager, *9th World Ayurveda Congress & Arogya Expo* – Managed 20+ volunteers and health outreach coordination.
 - Organisation Manager, *8th World Ayurveda Congress* – Led cross-functional coordination and event delivery.
 - NGO Collaborations – SEEDS (QMUL), Poshan Abhiyaan (India), Release (UK): led community engagement and health promotion campaigns addressing social determinants of health.
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Additional Information

Right to work in the UK | Experienced in partnership working across NHS, ICS, and local government systems | Dedicated to tackling health inequalities and promoting equity-driven, evidence-based decision making
